**Curriculum vitae Prof. Dr. med. Thomas Meinel, PhD**

**1. Personal information**

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| Name: | Thomas Raphael Meinel |
| Date, place of birth: | 31.01.1988, Hamburg |
| Academic degree: | Prof. Dr. med., PhD |
| Civil status: | In relation, 2 daughters (*2017, *2020) |
| Citizenship: | German, permit C (CH) |
| Work address: | Rosenbühlgasse 27, 3010 Bern, Schweiz |
| Languages | German, mother tongue \| English, fluent \| Spanish, fluent \| French, fluent |
| E-Mail: | thomas.meinel@insel.ch |
| Current positions: | Head of Neurological Emergency, Department of Neurology, Inselspital, University Hospital of Bern<br>Group Leader, Swiss Center for Stroke & Brain Health, University of Bern |
| Researcher ID: | ORCID ID: 0000-0002-0647-9273 |
| Google Scholar: | 2FnzACgAAAAJ, (access 17.09.2026) H-index 34; i-10 Index: 94; total cites 4181. |
| Further Profiles: | PubMed, Scopus |

**2. Education and degrees**

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|---|---|
| 2007 – 2013 | Medical School University of Regensburg (Germany) with fellowships in San Diego (USA) and Pointe-à-Pitre (France)<br>Medical Degree / licensure: cumulative grade „very good“ (1,00), best 0,1% |
| 2013 | Medical Doctorate *magna cum laude*, University of Regensburg |
| 2015 – 2021 | Clinical Training in Neurology, University Hospital Bern |
| 2020 | Board Exam Neurology |
| 2020 | Certificate of Advanced Studies in Clinical Research, ISPM Bern |
| 2021 | Swiss diploma in electrophysiology and cerebrovascular diseases/ultrasonography |
| 2021 & 2023 | ESO 6th and 7th Garmisch Stroke Science Workshop |
| 2022 | PhD in Health Sciences, Graduate School of Health Sciences, University of Bern, Switzerland |

**3. Employment history**

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|---|---|
| 2015 – 2021 | Residency, Department of Neurology, Inselspital Bern, Prof. Dr. Claudio Bassetti |
| 2016 – 2017 | Residency internal medicine/intermediate care/cardiology, Lindenhofgruppe AG, Bern |
| 2018 | Research fellow, Stroke Research Center Bern, University Bern |
| 2022 – 2023 | Attending Physician, Neurorehabilitation, Neurovascular Ultrasound, Stroke Center |
| 2024 – now | Head of Neurological Emergency Department, Deputy Head Neurology Consultation Service |

**4. Institutional responsibilities**

*Clinical*

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| 2019 – now | Organization covert brain infarction outpatient clinic and screening |
| 2020 – now | EPIC/EHR (Process management, E-Health, Stroke Registry pipeline) |
| 2022 – 2023 | Reorganization neurovascular ultrasound unit (lipid and medical management, digitalization) |

*Education*

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|---|---|
| 2020 – now | Co-Lead Stroke Guidelines & Neuro Pocket |
| 2020 – now | Program committee & faculty, ESO-ESMINT-ESNR Stroke Winter School |
| 2020 – now | Social Media Stroke Research Center Bern |
| 2021 – now | Program committee & head of master thesis committee, European Stroke Master (MAS, ESO) |
| 2023 – now | **E-Learning Neurology**: Blended learning for the clinical training of medical students |
| 2024 | Asian Stroke Summer School, Faculty, Kerala, India |
| 2024 – now | Expert Committee, Graduate School of Health Sciences, University Bern |

**5. Approved research projects (since 2015), total 6.34 Mio CHF, main applicant 5.56 Mio CHF**

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| 2019 | Bangerter-Rhyner Foundation: Main applicant, 100.000 CHF |
| 2019 | Swiss Heart Foundation: Co-applicant, 80.000 CHF |
| 2019 | SAMW/Bangerter-Rhyner-Foundation Young Talents in Clinical Research: Main applicant, 74.000 CHF |
| 2020 | Swiss Heart Foundation: Main Applicant, 60.000 CHF |
| 2021 | Neurology Inselspital Excellence Grant: Main applicant, 20.305 CHF |
| 2021 | University Bern Medical Faculty: nested project stroke lead, total 800.000 CHF, nested project Stroke 192.000 CHF |
| 2022 | University of Bern: Main applicant 5.000 CHF |
| 2022 | Neurology Inselspital: Teaching Grant, Main applicant, 67.500 CHF |
| 2023 | Baasch Medicus Foundation Scholarship: Main applicant, 160.000 CHF |
| 2024 | Swiss Heart Foundation: Co-Applicant, 90.000 CHF |
| **2024** | **Swiss National Science Foundation: 2.450.000 CHF (Global PI of the DO-IT Trial www.doit-trial.ch )** |
| 2024 | Bangerter Rhyner Foundation: 90.000 CHF |
| 2024 | Horten Foundation: 1.000.000 CHF |
| 2025 | Dutch Heart Foundation 300.000 EUR; British Heart Foundation 310.290 GBP; CIHR 546,976 CAD |
| 2025 | Boehringer Ingelheim 490.000 CHF; PHRC-N Frankreich 488.242 EUR |
| 2022 – now | Collaboration with FragileSuisse for Public & Patient Involvement in these research projects |
| **Collaborations** | **474k CHF** |
| 2019 | SNSF: Incidence of silent atrial fibrillation in patients with silent brain infarction - Silent2 Study, 2019, Project Partner, 474'000 CHF |

**6. Supervision of junior researchers at graduate and postgraduate levels (past and present)**

MD students: Kristina Brignoli, Moritz Kielkopf, Joachim Kniepert, Christine Lerch, Alessandra Epstein, Marina Schilter, Sebastien Frey, Elias Auer, Jana Dürrenmatt, Angela Eggimann, Camilla Triulzi, Seraphina Läderach, Ulfrid Amberger, Annina Notz, Nejla Basic, Léonore Jaques

Master thesis: Kristina Brignoli, Angela Eggimann, Sebastien Frey, Jana Dürrenmatt, Seraphina Läderach, Annina Notz, Nejla Basic, Sam Padickakudy

PhD: Michail Giannakakis, Alexander Schmitz

**7. Teaching activities**

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| Since 2016 | Regular lectures, clinical skills training and bedside teaching at the University of Bern, BFH Bern for medical students, nurses, therapists and EMS staff |
| Since 2018 | >100 national and international lectures in >20 countries |
| 2019 – now | Clinical skills training / problem-based learning Medical Studies, Course of Studies Physiotherapy |
| 2020 – 2022 | Senior Blogging Stroke Contributor https://journals.heart.org/bloggingstroke/ |
| 2021 – 2022 | Lecturer/Instructor Sonography on the ICU and in the ER, INSEL AG |
| 2019 – now | Invited talks/ faculty EAN 2021, WSC 2021, DGN 2021, 2025, ESO Stroke Winter School 2019-2026, SGK 2022, SSS 2023-2026, ESOC 2022-2026, WSC 2023-2025, ISC 2024-2026 |
| 2022 – now | Examination Board OSCE |
| 2023 – now | Swiss Medical License “State Examination” Examinator |
| 2024 | EuSim Simulation Instructor, Regular Stroke Simulations |

**8. Memberships in panels, boards, etc., and individual scientific reviewing activities**

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| Since 2017 | Reviewer for JACC, Circulation, Neurology, Stroke, European Stroke Journal, Swiss Heart Foundation, European Journal of Neurology, Journal of NeuroInterventional Surgery, JAHA, American Heart Journal, Interventional Neuroradiology, Journal of Neurology, Journal of the Neurological Sciences, Scientific Reports, Swiss Medical Weekly, Clinical Neurology and Neurosurgery, Cerebrovascular Diseases, etc. |
| Since 2023 | Editorial Board European Stroke Journal |

**9. Memberships in scientific societies, fellowships in renowned academies**

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| 2018 – now | Member German Society of Neurology (DGN); European Stroke Organization (ESO), Swiss Stroke Society (SSS), Swiss Academy of Young Neurologists (SAYN), SSNC (Société Suisse de Neurophysiologie Clinique), World Stroke Organization (WSO) |
| 2020 – now | Swiss Stroke Society, Heart Brain Committee |
| 2023 – now | European Stroke Organisation (ESO): PR & social media committee, ESOTA ESO Trialists Association, Guideline Modular Working Group “Primary stroke prevention” |
| 2020 – 2026 | Equal Opportunities Board (diversity, sex/gender equality) |

**10. Organisation of conferences**

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|---|---|
| 2020 – now | Program committee & faculty, ESO-ESMINT-ESNR Stroke Winter School |
| 2021 – now | Program committee & head of master thesis committee, European Stroke Master (MAS, ESO) |
| 2021 – now | Scientific Stroke Lunch Meeting Organization Committee |

**11. Prizes and awards**

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| 2007 – 2013 | German National Merit Foundation scholarship/Studienstiftung des deutschen Volkes and Max-Weber-Programm |
| 2019 | Best oral presentation award, 22. Conference of the Swiss Stroke Society, Zurich |
| 2019 | 3rd place YouClin Award 4th Swiss Federation of Clinical NeuroScience, Lausanne |
| 2023 | Award of the Swiss Neurological Society for Clinical Research |
| 2023 | 2nd place “Teacher of the Year 2023” – Neurological Department, Inselspital |
| 2023 | Personalized Protection, Pioneering Prevention: Novel Approaches for Covert Cerebrovascular Disease, **Mid-career poster award 7th ESO Stroke Science Workshop** |
| 2024 | 2nd place “Teacher of the year” awarded by neurology residents/fellows |

**12. Certifications**

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| 2025 (refreshed) | Clinical Investigators I: Basic GCP & clinical research training<br>Clinical Investigators II: Advanced GCP & clinical research training |

Bern, 17.09.2026 Thomas Meinel